

**Hospice
helps
you
make
the most
of every
moment**

**Hospice
Awareness
Week**

**13 - 19
May 2024**



www.hospicetairawhiti.org.nz



From the desk of CE Barbara Grout

Hospice Awareness Week is an opportunity to profile and celebrate the invaluable services that hospices provide in local communities throughout Aotearoa New Zealand and to address any misconceptions people may have about hospice care.

One of the most engaging ways to share this information is to hear directly from people who have used hospice services. We would like to thank the Kipa whānau and the Bryon family for sharing their personal stories this year. As well as getting a feeling for who Manny and Les were and the lives they led, both stories touch on how hospice was able to support them and their whānau through their end of life journey.

To keep hospice services free of charge in Tairāwhiti we need support from our community. This can come in many ways and one of the most visible is the Hospice Shop. After celebrating the shop's 10th anniversary in November last year we are now on the move to new premises due to the building being on the market. We are extremely grateful to Michael and Anne Muir who supported the Hospice Shop vision and made it possible all those years ago.



Our Pop-Up Café is back again this year, across the road from the Hospice Shop. We hope you will drop in, enjoy a cuppa and some home baking made by our wonderful volunteers, and take the opportunity to learn a little more about Hospice during this special week.

Generational support for community



Michael and Anne Muir with their granddaughter Molly

Michael and Anne Muir have never hesitated to support a good cause. For many years the owners of *The Gisborne Herald* have quietly backed all sorts of organisations, athletes, and charities, and Hospice Tairāwhiti is one of those on a rather long list.

"Hospice do a great job," says Michael, whose family has also been a recipient of the service.

"They were amazing with a family member. Many organisations are run with volunteers and the community needs that support."

As well as supporting Hospice through the

paper, Michael and Anne generously allowed the organisation to rent the building next to the Office Products shop. The paper has been sold to NZME recently and the buildings are now on the market, so the shop is on the move. "It is the end of an era but we will continue to support the community where we can."

Michael felt many didn't realise the support available through Hospice unless they have had whānau use the service.

"It is important for people to understand the value of the free service Hospice provides for anyone facing a terminal illness."

He questioned that a charity, and not the Government, should be providing such a service. "The charitable sector simply isn't getting the necessary support," says Michael.

The Muirs' support of all things community is a generational thing. Michael's father Dawson started the Wainui Surf Club, his grandfather was president of the Gisborne Rowing Club between 1916-1943, and was a life member, and Lennie Muir, editor from 1896-1935, was one of the founders of Gisborne Rotary.

Who's who at Hospice Tairāwhiti

Board of Trustees:

Jane Williams (chair), David Ure (deputy chair), Tina Swann, Daryl Keast, Nigel Campbell

Chief Executive:

Barbara Grout

Hospice Doctors:

Dr Anna Meuli (medical lead), Dr Laura Gilding, Dr Sarah Callaghan, Dr Robin Briant, Dr Liza Fairbairn

Clinical Nurse Specialist (Hospital Liaison):

Joy Cairns

Palliative Care Nurse Liaison (ARC):

Summer Battisti

Community Hospice Nurses:

Elke Saeys (team leader), Julie Abrahams, Jude Francis, Clare Aitcheson, Marina Robertson

Family Support Coordinator:

Rochelle Walker

Administration:

Nikki Archdale, Robin Gardner

Education Coordinator:

Clarice Alderdice

Volunteer Coordinator:

Jane Kibble

Marketing & Fundraising Coordinator:

Kj Danielle

Hospice Shop Manager:

Brenda Kinder

Assistant Shop Managers:

Carolyn Grandiek, Scarlet Conquest-Mengel

Hospice Tairāwhiti is supported by over 158 volunteers

Manny's journey home

Manny Kipa's whānau still speak of the much respected koro, husband, dad and mentor in the present tense.

"He's definitely still with us," says wife Kim Whaanga Kipa.

They were together 38 years and have ridden the roller coaster that life often delivers, but theirs is truly a story of love, understanding and betterment.

Manny was diagnosed with stage four lung cancer in April 2022 and passed March 5, 2023. The whānau run the Mauria te Pono Trust – an organisation that is run under a by whānau for whānau kaupapa to support people and their family recovering from alcohol and drug addiction. It was founded 14 years ago in the Manawatu after Manny and Kim couldn't find the right services to help their own whānau.

"Everything was so focused on the individual and as Māori we couldn't find where whānau fitted in," says Kim.

"Manny is absolutely a beautiful soul. He was the youngest of 22. He saw a lot as a child and ended up in addiction at an early age, but it all formed part of our journey to here."

Manny and Kim have now been clean for 30-odd years. They met in Wellington and by Kim's admission have learnt a lot along their addiction journey.

"Manny used to work on the railways. He was a hard worker, charismatic, cheeky and mischief."

Between them they have seven children, including three together, and 21 mokopuna. Their daughters Ngatoia Maumahara and moko Oriwia work in the trust with Kim and run the rangatahi (youth) programme.

"It was one thing to give up alcohol and drugs but the next part was to learn how to live without it and be a whānau again."

Getting clean ignited Manny's interest and passion for his whakapapa which became a central part to their existence.

The couple moved back to Tairāwhiti seven years ago to continue their work and build their papakāinga on Māori land where they have four houses for themselves and their wider whānau. It is an alcohol, drug and violence free environment. Kim hails from Tairāwhiti while Manny's whakapapa is in the Ngati Raukawa ki te Tonga, Rangitane Foxton region. Their life in Tairāwhiti ticked all those very special whānau boxes and going back to the land was one of them. But everything came to a grinding halt when Manny was diagnosed with cancer in April 2022.

"I remember the night so clearly," says Kim. "He was really sore and achy and just felt off. He eventually agreed for me to call the doctor who suggested we go to A and E to get checked. By then the pain was excruciating for him."

There were lots of tests, welcome pain relief and then the news he would have to stay overnight.

"The next morning the bomb hit us. The scarring they found on his lung was cancer. We sat there like stunned mullets. There were more tests to be done and a six week wait until we were told he had stage four lung cancer. It was advanced, so treatment options were limited."

Within a week their children started coming home and the whānau were introduced to Hospice Tairāwhiti to help Manny with pain management. "We didn't understand the language so asked many questions. There was a lot to take in and Manny was whakama or shy."

He didn't want chemotherapy or radiation and sought rongoā – a holistic Māori healing approach that included everything from massage to karakia and medicine.

"Manny didn't want us to think of him as dying. He didn't want us to focus on or give power to the cancer, rather into his journey back to his ancestors and whānau."

Every day his plan was to stay present. "He wanted to clear the way and encouraged us not to carry stuff into the following day. He wanted to make memories and to sing him home. Our daughter Maumahara and moko Oriwia both have the most beautiful voices. Manny set the stage."

Music was in Manny's DNA – he would hear it and start dancing, moving, singing and whistling. "It was a big part of his being."

Manny left tangi instructions and continually reminded the whānau to celebrate life. "Everything was thought of," said Kim. "Thank goodness for our recovery basis which helped us to prepare for this journey. Every day became special and he asked never to be left alone."

Their extended whānau, including their Kaupapa whānau oranga recovery whānau, came together to celebrate and walk beside him and the whānau on this special journey home. All the while Hospice Tairāwhiti were there to support. "As Māori we do things a little differently and going to Hospice can be scary. There is no turning back."

Small things made all the difference to the whānau – a cup of tea and kai. "It was about accepting that things were moving to the next stage. Hospice were on my speed dial and it was so good to know they were there. They would talk to us or come and check on Manny – I so appreciated that."

Hospice ensured Manny had all he needed – from medication to a bed and mattresses, chairs and anything else to make him comfortable. "They were fantastic and helped ease so much of the questions we had when walking in this unknown territory."

In November 2022 he had to concede and have radiation when a tumour on his spine grew so large he could hardly walk. "He was gutted and I don't think he was the same after that."

Two days before he passed he could hear a baby crying, the next day our moko Maioha was born early, he got to see him and waved out to him.

"We knew as a whānau that they had already met. On the day of his passing Manny kept wanting us to take him to the window where he would stand briefly and look out."

He would call out to Kim and squeeze her hand tightly before the whānau returned him to bed.

"We believe he was getting the karanga from his ancestors and that it was time. Manny had always wanted our youngest daughter Maumahara to get her moko kauae done."



Manny Kipa

As Manny lay in his bed he held her hand while it was done with Kim sitting on the other side holding her other hand until it was finished.

"Within minutes of Maumahara sitting up, he stopped breathing. His job was complete," says Kim. "He had a special love for all of his mokopuna as he knew they would take him into the future."

Mauria te Pono trust continues in his spirit, continuing to do the good work he so dearly wanted and dedicated his life too.

Tauti mai ki te mahau o te aroha

Hospice Tairāwhiti
warmly invite you, your whānau and friends to join us in a

Time of Remembrance

Date: Thursday, 16 May

Time: 4.30pm

Where: Hospice Tairāwhiti

You are welcome to bring along a photo or special memento of your loved one.

Please join us for light refreshments after the service.

This occasion is open to the community, not only to those who have had an association with Hospice.

Please RSVP to:
hospice@hospicetairawhiti.org.nz
or 06 869 0552

Coast support key for communities

Supporting Hospice patients right up the East Coast is key for the Gisborne based team.

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Marina Robertson is the community hospice nurse – rural focus who spends a lot of time on the road between Gisborne and Te Araroa, visiting patients, their whānau and checking in with Ngāti Porou Oranga rural health nurses.

The Coast is like much of rural New Zealand where there is often late diagnoses for patients, meaning more advanced disease. Hospice clinical nurse specialist Joy Cairns says it is thanks to rural health nurses who head out at weekends and “amazing” whānau support that enables them to stay in their homes.

Marina joined the team eight months ago. She comes from 15-plus years as a registered nurse in rest homes, which sparked her interest in palliative care. She is thriving in her new role, coordinating the care up the Coast as well as to the west, providing hospice services and making those all-important connections between patients and services.

Patients on the Coast are still under GP care and Marina is an extra layer of support for them. “I work closely with the rural health nurses who provide that hands on support for the patients and can offer advice if need be.”

The patients also have access to Zoom or phone consults with the Hospice doctors.

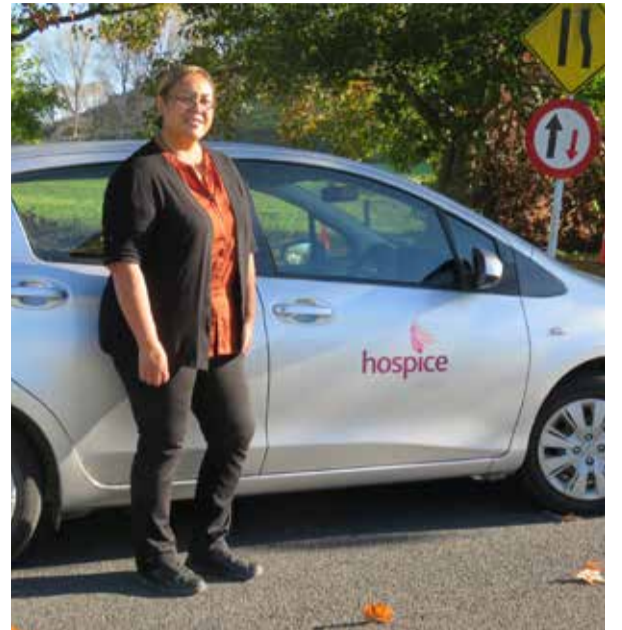
“I check in with the patients weekly or fortnightly by phone and when I am up the Coast. They feel comfortable talking to us about the likes of medications or understanding the disease. We are here to support the whānau and the patient, while liaising with the nurses.”

For Uawa’s rural health nurse Kaye Fairlie the regular connection and just knowing support was readily available was key. “I know Hospice are just a phone call away and always there to help me with support,” says Kaye, who has been nursing on the Coast for 11 years – seven as the practice nurse and the last four as the rural health nurse. “It’s great too with Marina making regular visits to the Coast and it is nice to have her to bounce things off.”

There’s also the support with equipment, medication and helping patients to understand the different steps in their journey.

“The connection works out well for me and the community and I feel the more support whānau can have in being able to keep the patient at home and comfortable takes so much stress off everyone.”

Education programmes are about to be restarted at Te Puia Hospital, covering syringe driver training and palliative care education sessions for nurses, health care assistants, kaiwhina or anyone involved in the care of a hospice patient. “It’s a chance to build general palliative care knowledge,” says Joy. “There is more recognition



Marina Robertson

that so much palliative care happens outside of specialist hospice care. A lot who die in the community do so in aged residential care or under the care of their GP and rural health nurses, and never need specialist palliative care input. Running these programmes ensures those providing the care have the skills and confidence to be able to provide good palliative care for normal dying.”

She says there is always a shortage of people to work in palliative and nursing roles up the Coast, but it was also a national issue.

the big picture

233
people and their whānau received care and support from Hospice

48%
of people died at home

27%
in aged residential care

25%
in hospital

7,548

visits made by staff and volunteers to people under our care and their whānau

83% of people were able to die in their place of choice

Hospice provided **45 HOURS** of professional education sessions with attendance numbers of **284**

28%

of people referred had a non-cancer diagnosis, the most common being cardiovascular and respiratory conditions

88%

of people cared for lived in the city and **12%** rurally

491 after hours calls were responded to by Hospice nurses

Volunteers gave **16,502 hours** of their time

38%
of people referred identified as Māori

These figures are based on year ended 30 June 2023.

A deep love for his family

Christine Miller understands more than most the support Hospice Tairāwhiti provides to the community.

The mum of two has just lost her dad Les Bryon. She gave up her job to nurse him for the past year. That nurturing, empathetic kindness is something she figures she got from her mum Sandra, who died two years ago from motor neurone disease, and was under hospice care with the support of her husband. Sandra had looked after her eldest daughter Liane when she was dying of lung cancer, and also with the support of Hospice.

“Hospice have been marvellous,” says Christine. “Whenever we rang them, they came.”

It was critical to her that she kept her dad home. They would spend their afternoons watching old black and white movies with Christine also learning all about cricket and crossword puzzles. They are special memories she will cherish.

“We are only a little family so we always looked after each other,” she says. “Mum was a very caring person and I guess I have the same empathy as her. I loved looking after dad.”

While he was unwell, Christine’s husband David and their nephew Brendon would come around each Friday night and watch the rugby while having takeaways with Les.

“Dad wasn’t unwell for long. Up until two years ago he was still riding his push bike. He lost a lot of weight when mum was sick and knew something was wrong.”

An x-ray found shadows on his lung and he had to spend some time at Waikato Hospital. “He hated hospitals.”

Christine had a rare blood disease when she was little. “My parents were poor but they had to take me to Auckland for a biopsy. If it wasn’t for Mum, I would probably be dead. She argued with the doctors . . . well, she said it was God and her who saved my life. I lived to look after both my parents.”

Hospice Tairāwhiti had been a key link in the chain that ensured Christine and Les received the equipment they required as well as the medical support. “They would contact the physio

department or occupational therapy . . . everything was interconnected thanks to Hospice. They were wonderful at asking for help for us. It was full wrap around care.”

It was a tricky journey though. Christine says originally they were told there was a 95% chance Les didn’t have cancer and in January 2023 they were dancing around feeling they had dodged a bullet. But he returned to hospital when he was sore, and by then it was too late.

“It took 35 years for the asbestos to poison his body but the cancer spread quickly,” says Christine. “Hospice never turned up empty-handed either, they’d always have some home baking. Such kindness.”

She has beautiful memories of their family, and those she will cherish.

“Dad had a wicked sense of humour and it would get him into all sorts of trouble as a kid.”

Les did his biography with Hospice and Christine says he enjoyed his visits from biographer Dail. “She was marvellous but it was tiring for dad. Mum also had one underway but didn’t get a chance to finish it. She wanted to live until she was 100. I am gutted she didn’t.”

Les was born in Napier but grew up mostly in Wellington. It was only ever he, mum Catherine and his older sister Margaret.

As a youngster he joined Scouts and loved it with plenty of great memories of camping trips and even an international jamboree. He was a keen cricketer and rugby player, and proudly says he was the first protestant captain of the Marist rugby team.

Les eventually followed his grandfather into the Ministry of Works, signing up straight after school. He wanted to be a fitter and turner but loved the big trucks, bulldozers and loaders so transferred to become a diesel automotive mechanic, working out of a small workshop.

In hindsight, he later figured that is probably where he got asbestosis, which started in one lung before moving throughout his body. Asbestos was used in brake and clutch linings – actually anything with



Sandra and Les

a brake on it. Les tells the story of just blowing all the dust off the machinery they were working on. The dust was everywhere in the workshop. Later there was a half effort to encourage workers to use masks, gloves and vacuum cleaners but no-one really gave it much thought nor application.

He survived a number of rounds of job cuts with the Ministry of Works and finally at 55 it was his turn. He took up a job as the manager of a cleaning company and later bought a half share in Clean Care Supplies. In those days it was tiny but they built it up to quite the operation before selling a decade later.

In between it all he met and married his wife Sandra. Together they would have three children – Liane, Christine and Paula.

Sandra was Australian and came to Gisborne for a wedding, and never left. The couple worked hard to scrimp and save and created loving family homes.

They lost their eldest daughter Liane to lung cancer 12 years ago, before she turned 50, and after her passing they took on her boys Brendon and Nikolas.

Les was also a dab hand on a snooker table and won quite a number of trophies in and out of the district. He was a much well-respected honorary life member of the Cosmopolitan Club, where he spent Saturday afternoons playing snooker with his friends.

He always credited Sandra with instilling in him the importance of family. He called her his rock and always said how lucky he was to have her at his side.

After she passed he told his children not to wait until you bury someone to say you love them. For Les it was important to let those special people know how loved they were.

Those are words Christine will remember forever.



Sandra and Les with their daughters Paula and Christine, son-in-law David and grandchildren Amicee, Fletcher, Brendon and Nikolas

Huge value in GP educational opportunities

Hospice has long been a part of Dr Sarah Callaghan's world.

Nineteen years ago her dad Wayne passed away and Hospice Tairāwhiti were there to support the family through challenging times. For the past 15 years Sarah (right) has been a GP putting her in regular contact with Hospice patients, and the last three years she has been one of the Hospice doctors to visit terminally ill patients.

"I have always had a passion for hospice," she says. "It is a real privilege to look after people in the last few months of their lives. It brings a real change in focus from most of medicine where we are trying to prolong life, to a focus on improving the quality of life that is left and doing this by respecting the final wishes for the patient and their whānau."

A key part for her is to always keep up to date with the latest in advances in palliative care, so she and other GPs are grateful for the educational

opportunities hospice provides.

"As GPs, palliative care is part of what we do, so it is really important to stay up to date with the latest medication options and best practice. Given that people are dying of varying illnesses and not just cancer, the prescribing can be significantly varied in order to keep patients safe and to alleviate symptoms."

In recent times, Hospice Tairāwhiti medical lead Dr Anna Meuli has taught about those medicinal options, as well as the serious illness conversation guide. Dr Murray Hunt from Waipuna Hospice is another presenter of GP master classes and last month discussed end stage liver failure. Online courses can be done through Otago University and Auckland University who offer post graduate certificates for GPs which can be mainly done on line. "These are all so important for us as GPs and great that online is an option with being from Tairāwhiti and far away from the universities".



Hospice Shop heads to new location

The central city Hospice Shop may be an essential funder for the organisation, but at the heart of this bustling outlet are the people. That includes the volunteers who help run it, through to those who kindly donate, and of course, the customers who regularly head in to find the perfect outfit, book, trinket or pair of shoes.

With the Gisborne Herald-owned building now on the market, the shop is on the move and will soon re-open the doors of the old Sun City Pharmacy on the corner of Peel Street and Gladstone Road.

Hospice chief executive Barbara Grout says Michael and Anne Muir have been extremely generous landlords for 10-and-a-half years and this has contributed greatly to the success of the shop.

"The shop is key to our funding," she says. "I am not sure where we would be without it. It is our major fundraiser and currently returns almost half of what we need to raise each year to keep our service going."

With the new high-profile location, she's hopeful the new shop space will attract new customers. "We have done a few alterations and while the footprint is slightly smaller, it is a good space."

The old George Moore's shop, which is next door on Peel Street, will be the processing area and where people can drop off their donations.

Shop manager Brenda Kinder says the 10 years has flown by very quickly. "The shop has achieved so much in that time," says Brenda.

"Without customers we don't have a shop. We have the regulars who come in sometimes daily, as well as the Saturday regulars who work during the week but love coming in at the weekend."

One of the biggest benefits of the shop – aside from the money raised – was the awareness it brought for Hospice. "Our aim is to become the charity shop of choice in Tairāwhiti. We believe that selling good quality, well-presented second-hand items at a realistic price contributes to building the awareness of Hospice."

Many of the team of volunteers have been at the Hospice Shop from the get-go. The age is varied from young to older and Brenda says they work incredibly hard to keep the shop filled with beautiful donations and the customers happy. "It's a pretty great place to work," says Brenda. "One of the shop's aims is to provide a safe and fulfilling workplace for our volunteers and staff and we think we do that well."

There's always room for new volunteers, and Brenda encourages anyone with a couple of hours to spare, to call by.

Everyone can expect the same fabulous service from the same awesome team at the new Hospice Shop.

Did you know?

Last year at the Hospice Shop...



Preparing the new shop for opening



Volunteers Avery Tyler (left) and Bev Willson (with a shopper)

In case you wondered...

What is hospice palliative care?

To palliate means to ease the symptoms of an illness where the illness itself cannot be cured. Hospice or palliative care is specialised care for patients who are terminally ill, enabling them to achieve the best possible quality of life during the final stages of their illness. The service includes family support and grief and bereavement care.

Where is hospice palliative care provided?

In the Tairāwhiti region, hospice palliative care is provided at home, in rest homes, and in hospital. Gisborne Hospital has a special palliative care unit.

How can I get referred for care?

Patients should be referred by either their GP or specialist doctor.

When can I be referred?

Patients can be referred when they have reached a palliative stage in their illness, where the focus of treatment is on symptom control, comfort and quality of life rather than cure.

How does it benefit the patient?

- » Your pain is managed and symptoms controlled
- » You receive emotional and spiritual support
- » Your quality of life in the final stages is enhanced
- » You get personalised care

How does it benefit family and friends?

- » You feel a part of the team caring for the patient
- » Your needs as a carer and individual are supported
- » You have access to bereavement and counselling services

Do you have to pay for palliative care?

All services are free to patients, family and whānau.

How is Hospice Tairāwhiti funded?

The Tairāwhiti service is approximately partially funded by Health NZ | Te Whatu Ora and supplemented by the generosity of the community through individuals, groups, bequests, trusts and foundations. This year we need to raise over \$750,000 to provide our current level of service.

Hospice Tairāwhiti is a full member of Hospice New Zealand



The Hospice Songsters prepare to perform at the Kiri Te Kanawa Village

The songsters' magic of music

Music has a very special way of uniting and bringing joy to people – whether it be those performing or those listening.

The Tairāwhiti Hospice Songsters have for many years entertained those in local rest homes and at other organisations. Coordinator Betty Stephen has been leading the now 30-strong group for the past 13 years and a member for 16 years. It was originally formed in 1992 by Hospice volunteers to take part in a telethon and in its heyday had around 50 participants. “There were so many we had to shut the membership for a while,” says Betty. “Some of the places we sing at are not large enough to fit us all.”

They sing at the likes of Kiri Te Kanawa, Beetham, Te Wiremu and Leighton House rest homes, as well as the Sherwood Club for Alzheimer’s patients. Usually there are around 16 singers and an accompanying pianist from the pool of three – Claire Murton, Linda Maynard and Trish Tattle.

“Everyone in our group is retired and we have some lovely singers with beautiful voices,” says Betty. “One or two have stage experience, but mostly it is a shared love of singing that unites us. We have a lot of fun and it is a lovely happy group to be a part of.”

Their goal is simple – to take entertainment to people who are not able to go out and get it for themselves. “We sing songs they know and can sing along to.”

When Betty joined the group they were singing from a small leaflet type book of about 50 songs, so she took it on herself to compile a book of around 350. “I got sick of singing the same songs. I love music. My mother was a music teacher and I have always loved to sing.”

Putting the book together took quite some work and was done between her own work and family life.

The songs are drawn from the two world wars through to modern ones including ABBA and other popular songs. “You can see the emotion

on people’s faces when it is a song that is special to them. We do this to brighten people’s days but it also brightens our days. If we put smiles on faces we have achieved our objective. Music is like magic sometimes – even some with dementia will remember words to some songs. It is very special.”

They’ve even had ukuleles once when they had no pianist. “It went down very well and was like a woolshed party!”

Did you know?

Last year our Volunteer Services...



393 Gladstone Road
P: 06 869 1234
F: 06 867 8357
E: post@grahamdobson.co.nz
www.grahamdobson.co.nz



75 Customhouse Street
P: 06 868 9510
Hours: Mon-Fri 8am-6pm
Sat & Sun 9am-2pm



601 Nelson Road
P: 06 867 1800
E: info@stonehaven.nz



62 Peel Street
P: 06 868 8015
E: contact@terau.co.nz



THREERIVERS MEDICAL
75 Customhouse Street
P: 06 867 7411



75 Customhouse St
P: 06 867 0736
gisborne@trgimaging.co.nz
www.trgimaging.co.nz



www.facebook.com/gisbornewainuilions
gisbornewainuilions@lionsclubs.org.nz

Support and learnings through programme

The newly launched Korowai Programme is slowly finding its feet.

Hospice Tairāwhiti education coordinator Clarice Alderdice says while the weekly get together is a carer education support group, patients are also more than welcome.

“It is for whānau and loved ones who are caring for our hospice patients,” she says.

The programme covers a range of topics including legal issues around wills and Enduring Power of Attorney, funeral planning, advanced care planning, looking after yourself as a carer, and many more relevant topics.

“A real benefit of this is that people can see they aren’t alone and that others are going through the



The Korowai Programme is a chance for people to get together and support each other while learning

same things,” says Clarice. “The peer support and collegiality is huge.”

The free Tuesday morning gatherings are also a chance for the carers to recharge their batteries.

Hospice can help if they need a volunteer to sit with the patient while they are at the programme.

Meanwhile work continues planning other programmes suitable for our community.

What: Korowai Programme

Where: Hospice Building at Gisborne Hospital

When: Weekly on Tuesdays at 10am

Making a choice to make a difference

Leaving a legacy holds profound significance, extending far beyond one's lifetime.

At Hospice Tairāwhiti, our commitment to palliative care for patients and their families is sustained by the generosity of our community. There are many ways to support Hospice and bequests are one way. Bequests offer an enduring opportunity to support causes ensuring their impact continues to be felt long into the future.



Including Hospice Tairāwhiti in your will is a simple yet far-reaching gesture. Whether a one-time gift or a lasting endowment, your bequest plays a vital role in our ability to care for our community.

You have the option to designate your bequest directly to Hospice Tairāwhiti, providing guidance on its allocation. Direct bequests allow you to specify how your donation is used.

Alternatively, you can choose to channel your contribution through our special interest endowment fund with Sunrise Foundation, ensuring its growth and perpetual support for Hospice.

In both cases, your bequest serves as a lasting testament to the importance of palliative care in our community. Bequests represent a powerful way to contribute to our commitment of providing quality end-of-life care.

If you’d like to find out more about leaving something that will live on after you, contact your lawyer.



Pop-Up Cafe

Across the street from the Hospice Shop

**14 - 17 May | 75A Peel Street
10am - 2pm**

The Pop-Up Café is supported by



Hospice is a holistic wrap around service of care.

**Show your support for Hospice Awareness Week.
13 - 19 May 2024**

