

NEWSLETTER

December 2022



A Message from the General Manager

We recently released our 2021-22 annual report and in my email to staff I included the Māori proverb, '*Ehara taku toa i te toa takitahi, engari he toa takitini*'. Success is not the work of an individual, but the work of many. There is no truer saying when it comes to Hospice Tairāwhiti.

I'm not just talking about our team of staff and volunteers – yes they all do a wonderful job, and everyone is equally important, regardless of the role they play. I'm also talking about our supporters who make donations either in cash or in kind, those who are loyal shoppers at our hospice shop, and those who support our raffles and fundraising events. Maybe you do one, or all of these, but whatever your contribution, please know that you are also an important part of our team. Without you we could not provide our current level of service to the people of Tairāwhiti.

As I write this it has been announced that the government will be providing funding to reduce the ever-widening pay gap between hospital nurses and those who work in other healthcare areas such as hospice. While this is a welcome relief, and will help us with future recruiting, this does not mean that we no longer need the support of our community. This year we need to find \$700,000 to cover the gap between Te Whatu Ora funding and our operating expenses.

In this season of giving I ask you to think of Hospice Tairāwhiti and if personal circumstance allow, consider the gift of a donation. General operating expenses is always our most needed area of funding, but for those of you who prefer to know exactly what their donation is paying for, there is a handy wish list further on in this newsletter.

On behalf of the Hospice Team, I wish you all a safe and happy holiday season.



Barbara Grout

A Shared Passion

What does the passion to grow a business and Hospice Tairāwhiti have in common? Both organisations share values of connecting with people and developing relationships.

Since 2007 Business Network International (BNI) has been working in collaboration with Hospice NZ to ensure hospice services are offered free throughout New Zealand. Despite Covid restrictions, last year BNI members raised over \$216,900 for hospices across New Zealand. Over the years BNI Gisborne members and their families have donated \$9,731.00 to Hospice Tairāwhiti excluding donations made to the Hospice Shop.

The first official meeting of The Network was held by Dr. Ivan Misner and friends in January 1985 in Arcadia, California and 14 years later, in 1999, BNI New Zealand was established.

BNI New Zealand is the country's largest business networking organisation for small to medium businesses with over 2,600 members and 120 groups (known as 'chapters') throughout the country. The members of this business community meet weekly to help create business opportunities through a structured system of referrals and reciprocity, based on trust and giving.

Nationally, BNI New Zealand sponsors the BNI Palliative Care Scholarship Programme, supporting Hospice NZ's commitment to growing leaders in palliative care. In recent years, the focus for the scholarships has been the professional development of hospice psychosocial and allied health teams. Since 2007, BNI New Zealand has donated over \$197,000 to fully fund this annual programme.

Each year hospices across New Zealand must raise \$87 million nationally to provide free palliative care and it is the support from organisations like BNI that makes this possible.

We are grateful to BNI community and their members for their support of hospices. Thank you, for helping people live every moment.

If you'd like to find out more about BNI go to:

www.gisborne.bni.co.nz/en-NZ/index



If you're wondering about the care and support Hospice Tairāwhiti provided in a challenging environment then you'll want to read the 2021-2022 annual report that can be found here:

www.hospicetairawhiti.org.nz/about-us/annual-report/

The annual report highlights the range of services Hospice have provided to our community. It acknowledges the mahi undertaken by the board, staff and volunteers as well as the support from partners and sponsors. This support enables Hospice Tairāwhiti to provide a quality palliative care service to people in our community who face a life-limiting illness.

"Ehara taku toa i te toa takitahi, engari he toa takitini"
- Success is not the work of an individual, but the work of many.

Part of the Team

It was the idea of travelling the world that inspired Jude Francis to train as a nurse. “Years ago nursing seemed like a good opportunity when I was leaving school,” says Jude. “I knew lots of nurses and they were traveling overseas and they could get work anywhere. So I just thought, well, that’s what I’d like to do.” And Jude did it.



Jude, a community hospice nurse at Hospice Tairāwhiti, did her hospital-based training at Waikato Hospital. The training was hands-on working on the wards interspersed with block courses. When training finished Jude went overseas working as a nurse in Africa, East Africa, Kenya, Scotland and London. Five years later Jude moved back to New Zealand and made Auckland her home for about 10 years. “I had a long time where I didn’t work as a nurse because I was moving around,” says Jude. “When new experiences came along, I was free to do them including skiing in the South Island with friends.”

Jude’s introduction to palliative care nursing began when she moved back to Gisborne, her hometown, in 1993. It was through one of her friends that Jude started part-time casual night nursing with Hospice, staying overnight at patients’ homes to relieve the families. Now 20 years later Jude is the longest serving clinical staff member at Hospice.

Jude says there’s been little change in how palliative care is provided since she started with Hospice. “Nowadays night nursing isn’t required because families want to take care of their own. We do continue to provide a 24/7 advice service for patients and whānau,” says Jude. “Apart from a few new medications palliative care is pretty much the same.” Jude believes it’s a very vulnerable time for families who are caring for people with life limiting illness. “I find that I’m in awe of the whānau and how resilient they are. What I like about this job is that Hospice is supporting families to look after their whānau. I think families appreciate the help Hospice offers, and it’s help on a very practical level like showing whānau how to care for their family member, providing equipment, and helping with medication.”

What has changed over the years, according to Jude, are the range of services Hospice Tairāwhiti offers free to our community. “Our services have grown a lot and more services are provided like social work, biographies, and more. One of the changes I really like is the way that our clinical team has grown. We have a very good team ethic. And I like being part of that team. I’m still here.

“Being a community hospice nurse is a very uplifting job because I’m able to see how much people love each other and that’s what’s important.”

PAK’nSAVE

Transitioning to being the owner of a supermarket, after 13 years as a GP in Whakatane, wasn’t as challenging for Ewan Atherton as one might think. “They are both all about people,” says Ewan.

“One of the things that made me get really interested in the grocery world was that I was amazed how much both 4-Square, New World and PAK’nSAVE put back into the community in terms of sponsorship,” says Ewan. “Nationally, it’s part of the ethos; we care about our communities.” The first time Ewan came to Gisborne was in September 1989. It was 23 degrees, sunny and he thought it was the Gold Coast of New Zealand. So, 10 years ago when Ewan, and his partner Shara Cutler, thought about moving to Gisborne it was an easy decision to make. Gisborne was like Whakatane in demographics, weather, and it was a small town.

Gisborne was also a place where Ewan and Shara felt they could make a difference. “You know, you think about places and ways you can make a difference,” says Ewan. “With my background in health, anything related to that becomes really important. From the beginning Shara and I were committed to supporting organisations that are really making a difference in the community.” This commitment translated into an involvement in the Eastern Helicopter Rescue Trust, Gisborne East Coast Cancer Society, Gizzy Kai Rescue, SuperGrans Tairāwhiti, and Hospice Tairāwhiti.

Both Ewan and Shara appreciate the contribution Hospice Tairāwhiti makes to the community. “I learned what Hospice did when I sat on the Westpac Business Awards,” says Shara. “I was just fascinated. I learned a lot and it was really interesting for me to learn how Hospice operates.” Ewan adds, “As a GP I was very much part of people’s end-of-life care. I really appreciated the support from hospice for the patient but also for myself as a GP. For that reason, it was one of the first Gisborne community organisations Shara and I got on board with by sponsoring the annual Strawberry Festival fundraiser.”

Shara and Ewan say they support community organisations because they believe it’s the right thing to do.

“Philanthropy has been part of the fabric of society since the dawn of time,” says Ewan, “It’s been a privilege to contribute to this community and through the store.” But now Ewan and Shara have sold PAK’nSAVE and it’s time to move on.

PAK’nSAVE Gisborne have 250 people in the team. “There’s a richness about our team which is going to be really hard to walk away from on the 17th of October, says Ewan. “For us personally, the biggest thing we’re going to miss is the impact we can have on people in the community. But hopefully, wherever we end up, we will make a difference.”



Wish List

Each year we need \$700,000.00 to maintain our palliative care service. Over and above the fundraising, we rely on the community's support to keep our current services running and free of charge.

People often ask us what they can do to help provide for our patients and whānau, so we've put a Wish List together.

Each item on our Wish List plays a part in the care that Hospice Tairāwhiti provides to patients and their families. If you'd like to help support those in our community who have a life limiting condition, check out these lists:

Goods:

- » Sugar, eggs, butter- For jam making which we sell in our Hospice Shop as well as baking that we give to our patients and their whānau
- » Plastic containers with lids – suitable for soup
- » Countdown paper bags – To pack shop purchases for our customers
- » Plants and produce for our Hospice Shop

Donating funds for:

Gift a day of care

It costs \$3,000 per day to provide core services to our patients living with a terminal illness. The cost for Hospice to provide a range of differing services are:

- \$50- one nurse visit
- \$50- one counselling session
- \$60- one day of care for one patient
- \$75- provides a nurse on call overnight
- \$75- for an after-hours nurse visit
- \$100- for a doctor visit in the patient's own home
- \$ 80- to assist a patient to complete an Advance Care Plan
- \$140- for patient biography services
- \$336- to provide a nurse on call for a weekend
- \$500- would provide 10 home visits or counselling sessions
- » Tri pillows (2) \$30 each
- » Bedpans \$44.00 each
- » Safety gates (2) \$100
- » Baby monitors (2) \$100 each
- » Commodes (4) \$286 each
- » Portable suctioning unit \$1,363
- » Mattresses for electric beds that go out to patients (6) \$1,800 each

Professional Services

- » Pedicure, manicure at patient's home
- » Hairdresser at patient's home
- » Volunteers for delivery/ pick up and setting up of equipment

Thank You

Donations, grants & bequests (over \$500) for the period 1 Jan - 30 Nov 2022

Hospice Tairāwhiti thanks the following individuals and organisations for their support this year:

- » A & M Veenstra
- » Adrian Cave
- » Bill & Margie Thorpe Fund – Sunrise Foundation Named Fund
- » BNI Gisborne
- » C M Laing Trust
- » Cath Harris
- » Cynthia Colbert
- » D & C Elliott
- » D M Keast
- » Double J Smallwoods Social Club
- » Emerre & Hathaway Insurances Ltd
- » Estate of Murray Stoughton Rider
- » Estate of P M Stewart
- » Estates WJ & CE Friar
- » Exclusive Tyre Distributors Ltd
- » Farmers Trading Group
- » Gavin McFarlane Fund – Sunrise Foundation Named Fund
- » Gisborne Surgical Associates
- » Jackie Williams
- » June Hall
- » Kowhai Charity Trust East Coast
- » Mr W R & Mrs S Hambi
- » Nigel & Ava Faram
- » P H Parata
- » Poverty Bay Rugby Football Union
- » RB McIntyre
- » Rosemary Johnson Fund – Sunrise Foundation Named Fund
- » S Mohlmann
- » Stonehaven
- » Tautini Glover
- » Te Wananga O Aotearoa
- » Tyrepower Gisborne
- » Whitebait Productions



Jane Williams

Hospice Building Opening

After years of fundraising Hospice's new building was formally opened on 29 October by Hon Kiri Allan, MP for East Coast.

The building will be used for administration and day services for hospice patients and their whānau. It includes facilities for family hui/meetings, outpatient clinics, complementary therapies, counselling, education, day programmes and a space for community interaction with Tairāwhiti Hospice services. Some of

these services are still in the development stage.

"We cannot thank the people of Tairāwhiti enough as organisations big and small and donations big and small came through our doors resounding in their belief in hospice care," says Jane Williams Hospice Tairāwhiti chair. "We have a building that reflects the hospice philosophy of care and provides for both our patients and whānau providing space for doctors, nurses, the counsellor, and allied staff."

FINDING OUT MORE ABOUT HOSPICE

Is your organisation interested in finding out about Hospice Tairāwhiti?

- » What's Hospice and what's it about?
- » What services does Hospice provide?
- » Why are Hospice services free to people in our our community?
- » How does Hospice partner with others in our community?

If you and your staff are interested in hearing more about Hospice, contact KJ on 027 254 3671 or email kj@hospicetairawhiti.org.nz



KJ is the marketing coordinator for Hospice Tairāwhiti and has been involved in Tairāwhiti organisations in both operational and strategic leadership roles. She says, "I love working alongside our community to help make a difference to individuals and their whānau where well-being is the focus."



Hospice NZ Conference

Hospice Tairāwhiti was represented when community hospice nurses Summer Battisti and Elke Saeys, along with Clinical Nurse Specialist Joy Cairns attended this year's Hospice New Zealand conference in November.

After a four-year hiatus this conference, held in Christchurch, provided professional development opportunities on recent research and changes in practice as well as networking with colleagues from around the country.

The conference was opened by the Minister of Health, Hon Andrew Little. The conference highlighted Hospice's place in the ever-changing health environment, with a focus on equity and access to services, developments in clinical care and reflections on organisational responses to Covid-19.

Learnings from the conference will be shared in education sessions with the wider hospice team and community healthcare providers. Thank you to the Freemasons Hospice Trust for their support to attend this event.

Yes, donations come to Hospice Tairāwhiti in all ways, shapes and sizes. Here are just a few:

- » Sponsorship (Events, sales of products)
- » Endowment Fund through Sunrise Foundation
- » Fundraising Events
- » Friends of Hospice
- » Hospice Shop
- » Bequests
- » Business initiatives

Want to find out more?

Go to: www.hospicetairawhiti.org.nz/get-involved/make-a-donation/

or talk to KJ, our Marketing & Fundraising Coordinator:

☎ 027 254 3671 | ✉ kj@hospicetairawhiti.org.nz



Get in touch

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www.hospicetairawhiti.org.nz