



## Model crew at Bramwells

**Last year Bramwells Pharmacy trainee technician Amy Thompson signed up to be part of the Hospice Tairawhiti Fashion Show to get to know her new community.**



*Amy enjoying showing off some of the casual winter wear.*

This year she convinced the three pharmacists who also work in the dispensary to also strut down the catwalk for a good cause.

"They were all pretty keen," she says of Grant Bramwell, Foong Ng and Jason Burgess.

The four were part of the 27-strong team of models of all ages who each modelled three outfits and pyjamas.

"We picked out our outfits, which was fun," says Amy, who also convinced her husband Mike to join the catwalk crew.

Blue and purple-haired Amy says she opted for quite "sedate" outfits, but one of the ensembles did feature snakeskin pants.

"It was a lot of fun . . . a little nerve-racking being in front of all those people but we got through it."

Customers coming into the shop recognise the models and there's always something to talk about.

"I would do it again in a heart-beat," says Amy.

Grant said he too would be more than happy for his team to be part of future Hospice fundraisers.

"It was fun, and this is something we do like to support," he says.

The show was coordinated by Hospice Shop manager Brenda Kinder and attracted more than 120 people. 🍌

## Fine Wine Delivery, riding for Hospice

**Experiencing hospice care first-hand inspired three friends to cycle 1,365km, the length of the South Island, to raise money for hospices nationwide.**

Jeff Poole (managing director for Fine Wine Delivery) his wife Virginia, and their friend Tony Ellis started their ride for Hospice on the 12th Feb in remembrance of Tony's wife Marlene Ellis. Mr Poole, said seeing how much the Hospice staff had helped their friend was hugely inspiring.

"We got to witness first-hand what an amazing organisation they are - not only in a professional manner, but they also showed care, love and support. When Marlene passed away, they continued their support for Tony and we wanted to give something back to hospice."

Through their efforts, Riding for Hospice raised an incredible \$256,053.90 which will be shared equally between the 29 full member hospices throughout NZ.

And there was an extra special bonus for Hospice Tairawhiti. The Riding for Hospice Team also hosted a special fundraising dinner and auction. A De Longhi coffee machine won by Rhys and Eric from the



*Tony Ellis, Jeff Poole and Virginia Poole.*

Golf Warehouse for \$2,000 was donated back and the Riding for Hospice team chose to donate it to us. Huge thanks to the Golf Warehouse, Fine Wine Delivery, and the Riding for Hospice Team – we are delighted with this generous gift. The question now is what to do with it ... do we keep it for our new building, or do we auction/raffle it off? 🍌

## Staff Profile:

### Brenda Kinder - Shop Manager

**Raising funds to keep hospices services free of charge is always a challenge, but the Hospice Shop has made it a little easier thanks to shop manager Brenda Kinder and a strong team of volunteers.**

When Brenda saw the job advertised a few years ago she thought it would be perfect for her. Having a background in fashion retail was a real draw card. As the job involved the setting up of the Hospice Shop she knew it was going to be a real challenge but a challenge that she was ready for.

Her responsibility as shop Manager is to oversee all shop operations. This is a large and varied role which includes the opening and closing of the shop,

preparing volunteer rosters so that the shop is always covered with staff, stock quality control and the general every day running of the shop.

"I do try to get out of the storeroom and office as much as possible as I love the customer contact and regular customers" Brenda says. "I take pride in the way the shop is laid out and that we have friendly and helpful volunteers. We want every visitor to have a great shopping experience".

"My Managers job is very involving and my days are always busy. I encourage anyone with a bit of free time to come along and join our happy team". 🍂



Brenda Kinder

## Volunteer Profile:

### Betty Stephen - A Love of Music Shared



Betty Stephen

**The Hokey Tokey is just as popular today as it was decades ago if you ask the Hospice Songsters.**

The group of very dedicated singers sing at seven rest homes around the region each month,

and leading the charge is Betty Stephen.

She first joined the songsters about nine years ago after being invited along. However, when her husband became unwell, she stepped back for a while.

"When I came back two years later the numbers had fallen off dramatically, so I did a membership drive over the next couple of years and it built and built," says Betty.

Now there are 42 singers – mostly women, but the odd one or two men as well – with around 20 at each performance.

"We sing the popular, lively, older songs that everyone knows and loves to sing along to."

Those who can't sing still get involved, tapping fingers and toes.

"Hokey Tokey is one of the all time favourites," says Betty. "They all love to get involved in that one."

Betty has sung all her life "in various capacities" but nothing professional.

This mum of two and grandmother to five retired from government service work in 2000, but is just as busy today as she ever was. She belongs to a slew of groups and organisations, including U3A, Probus and the Poverty Bay Garden Circle.

But much of her time is spent on the Hospice Songsters. Betty does the rosters and sends out newsletters to keep everyone informed. As well as the singers there are five pianists too, and she also put together a book of 250 well known songs – adding a new one every now and then.

"When you love music, there's nothing quite like seeing the reaction of people," she says. "You can see the light come on when they recognise a piece that carries memories for them. It's a big reward for all of us and very satisfying to bring a little joy into their lives."

The songsters were started 24 years ago and there are still a few original members involved. 🍂



## Pumpkin Festival

**Hospice Tairawhiti would like to say a big thank you to Robin and his team at Bushmere Arms ...for the last 13 years and \$17,498.00 he has donated to us from the Giant Pumpkin Festival.**

Proceeds from this event will now be donated to another organisation and Hospice Tairawhiti is very thankful for the time and money this event has donated to us over the years. 🍂



# Care for a Cuppa?

The phrase 'call in for a cuppa' took a whole new meaning at the Hospice Shop during Hospice Week.

Shop volunteers rose to the challenge, bringing in plates of gorgeous cookies, cakes and slices for customers to enjoy. They even set up a little sofa area where visitors could enjoy a sit down, sip and snack and even partake in some photo booth fun. Shop manager Brenda Kinder says koha from the morning's fun raised \$54 for Hospice.

"It wasn't about raising money – but that was a nice bonus – rather about profiling the shop and giving something back to our customers during Hospice Week." 🍌



Brenda Kinder, Jane Kibble and Helen Hart enjoying the dress ups and cuppa during Hospice Week.

## Expanding knowledge of Palliative Care

**Palliative care is provided in a variety of settings — the home, hospice, aged residential facilities, hospitals — and it is the responsibility of all health care providers to provide a palliative approach to care no matter where they work.**

Therefore, it is important for Hospice Tairāwhiti to provide the necessary education and support for all the people meeting the needs of the person with a life-limiting illness. Our primary programme to meet this need is the Fundamentals of Palliative Care, geared toward nurses, care assistants, allied health staff, support staff, volunteers, etc. This eleven session series covers topics such as pain and symptom management,

communication skills, loss and grief and spirituality. In addition we offer Syringe Driver training for nurses in hospital, community, and aged care as well as a day long programme geared specifically for Health Care Assistants.

Hospice offers two monthly programmes: a hospital in-service the last Wednesday of each month and a Breakfast Session the first Thursday of each month. Both programmes cover a range of topics and feature excellent guest speakers.

Advance Care Planning is another area that Hospice Tairāwhiti promotes through workshops and public forums. All of the programmes offered through Hospice Tairāwhiti are free of charge. 🍌



## Thank You

**Thank you to the following groups and individuals who have assisted Hospice Tairāwhiti recently with grants, donations and bequests of over \$500**

- The Antique Fair Charitable Trust
- Gisborne Tatapouri Sports Fishing Club
- Giant Pumpkin Festival
- Patricia Hutchins
- Bronwyn Kay Agency
- Karin Mahuika
- M Derbyshire
- Eastland Community Trust
- C M Laing Trust
- J & T Hickey Charitable Trust

## Fish and Chicks

**The 9th of April was a chance for women to spend the day out on the boat, catch some fish for the family and make some great memories. Fish and Chicks Fishing Competition is an event that has grown over its 7 years.**

This year Bronwyn and her team decided to add a junior angler section which proved to be a huge success. This meant Mums and Dads could bring their daughters along and spend the day fishing and generally just spending quality time together. Fancy dress, prize giving and an auction back at the Tatapouri Fishing Club finished off a very enjoyable day for everyone. This year the money raised from competition entries and the auction were donated to Hospice Tairāwhiti. We were delighted to be presented with a cheque for \$2,500 thanks to Bronwyn Kay, her team, and their ongoing support. 🍌



Kelly Simpson and Bronwyn Kay

## Upcoming Events

### Luncheon & Fashion Show

12pm Sunday 30 October 2016

Come join us at **Bushmere Arms**



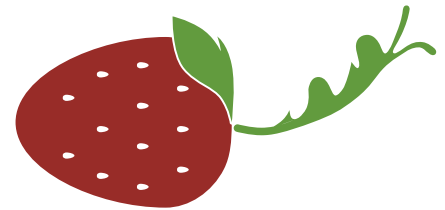
**\$50 per ticket** Live Music - Start arriving around noon

What better way to spend a Sunday than an afternoon in the country.

Enjoy a glass of bubbles on arrival, then lunch set in the stunning gardens at Bushmere Arms. Enjoy watching the models strut their stuff as you sit back and enjoy the live music and great company.

**TICKETS AVAILABLE FROM**  
Hospice Shop and the Hospice Office

*All proceeds to Hospice Tairāwhiti*



### HOSPICE STRAWBERRY FESTIVAL

**Saturday 19 November 2016**

**Rose Gardens, Fitzherbert Street,  
10am to 1pm.**

Buy a delicious Strawberry and Ice cream sundae and support Hospice, \$5 per serve.

Kindly sponsored by

**PAK'nSAVE**



### Friends of Hospice

**It's the start of a new financial year and time to remind all our Friends to make their annual donation.**



If you are not already a Friend of Hospice please consider joining. As an organisation relying on community support for 30% of our income it is difficult to budget, not knowing from year to year how much we will receive. Friends donations give us some certainty in funding and enable us to commit to providing services to patients and families.

Use the enclosed donation form or visit our website [www.hospicetairawhiti.org.nz/get-involved/make-a-donation](http://www.hospicetairawhiti.org.nz/get-involved/make-a-donation) to make an on line donation.

Remember to email us with your details so a receipt can be sent. 🍓

### — TREE OF — *Remembrance*



Caring Connections

**Visit your local Farmers Store to remember someone special this Christmas.**

**18 November until 24 December 2016**