



Perspectives from our Multicultural Community on End of Life Care

“I love that we are learning from our community and not from a so-called expert from overseas who does not live here”, feedback from an audience member.”

On 17 June, our education coordinator, Clarice Alderdice, facilitated an event that gave people an opportunity to hear from individuals that live and work in our community about their different cultures and faiths. Participants gained a deeper understanding of what is important to patients and families from different cultures and faiths as they near end of life.

Ann McGuire (Maori), Mele Veituna (Tongan), Monsignor Frank Eggleton (Catholic), Muhammad Dean (Islam), Surinderpal Sran (Sikh), and Kathleen Labrado (Filipino) spoke from the heart about their personal experiences. They shared important information for both healthcare professionals and lay people/whanau about what to keep in mind while providing end-of-life care to people of different cultures and faiths.

The seminar aimed to increase people’s cultural awareness of the different customs and beliefs they may encounter. “We know we cannot assume that what we learn today about Catholics, for example, will apply to every Catholic. The goal is to increase your confidence to explore the cultural and religious beliefs of those you work with and to find out what would be helpful to them as an individual,” said Clarice.



Back left to right, Clarice Alderdice, Mele Veituna, Muhammad Dean, Monsignor Frank Eggleton, front left to right, Ann McGuire and Kathleen Labrado

The audience appreciated hearing from such a diverse range of speakers and were grateful for the courage of the community members to share their personal stories and cultural beliefs. Members of the audience were surprised to see how aligned the different religious and cultural beliefs were. They found more similarities than differences among the talks, including the involvement of family and the belief that the soul never dies. Most importantly, they learned that there is diversity within every cultural and religious group, so don’t assume—ASK!

“It says a lot about our community that there is such a great interest amongst us to learn about our neighbours from other cultures,” says Clarice. There was a full room with about 50 attendees from a diverse background including nurses, social workers, counsellors, support workers and funeral attendants. As with last year’s multicultural seminar, there was an overwhelming amount of positive feedback and requests for more. 🍌

Celebrating our Volunteers

National Volunteer Week celebrates the collective contribution of the 1.2 million volunteers who enrich Aotearoa, New Zealand. This year the celebrations were held from June 16th-22nd with the theme of “Whiria te tangata- weaving the people together”.

Hospice Tairawhiti are fortunate to have dynamic, diverse and dedicated volunteers who as part of our team, have a pivotal role in the operations of Hospice Tairawhiti. During the week we came together over afternoon tea to enjoy each other’s friendship and teamwork. We also had nine of our Youth Ambassadors nominated and presented with awards at the 2019 Youth Awards.

Celebrating our Youth Ambassadors at the Youth Awards

Thank you to our volunteers. We’re so grateful to all of you, for the valuable contributions you make to the community.

We couldn’t do what we do without you. 🍌



Volunteer week afternoon tea



Heather Rattray

Volunteer Profile: Heather Rattray

A self-proclaimed people person, Heather enthusiastically shares that volunteering at the Hospice shop is the best job she's had.

"I love meeting people. I've always loved meeting people, I've always been a people person, I've always worked in retail, so I enjoy people very much". At 75 years of age, Heather had been in retail all her life. It was only one year ago that she retired from her job of 19 years in the garden centre and decided it was time to do something else. Heather likes to keep busy so a friend of hers who volunteers at the Hospice shop suggested she might enjoy working there. "I

thoroughly enjoy it," Heather shares. "I go in quite a bit. I don't mind if they call me in or if there are people away on holiday. I enjoy it so much, it's the best job I've had really. I do a bit of everything. I work

on the till, I help out in the back, I do the pricing and do the tagging. Whatever they need me for I do it." Heather confessed that she did not know that much about the Hospice when she first began volunteering with us. She had a brief idea but didn't realise that the Hospice encompassed such a huge range of services. She didn't realise how much people were doing to help the people that required Hospice care.

Originally from Hastings, Heather and her husband moved to the Waikato for a few years when she was 18 and then came here about 45 years ago. Her four children have all since grown and left home. "I am not born here but Gisborne is my home" Heather shares. When I commented on Heather's youthful sounding voice she shared that keeping active and having a lovely husband who was very supportive was her secret to keeping young. 🍷

Staff Profile:

**Anna Meuli:
Hospice Doctor**

I have been living in Gisborne for the last ten years, after moving here with my now husband who is a Gisborne local. I love how easy life is in Gisborne- the beach and outdoors are so accessible, and people are relaxed and friendly.

Coming from a GP background I have worked for Hospice Tairāwhiti for nearly three years as one of the Hospice Doctors. During this time I have completed a postgraduate certificate in palliative care which has broadened my expertise in this specialist and growing area of medicine.

I feel privileged to work in the Hospice team. Often people have very complex medical problems when they come into our care, and the stress of having

a life limiting illness is evident on both patients and their families. Helping manage the symptoms that impact most on their quality of life can make a huge difference to people. This often requires input from a wide multidisciplinary team, and I am grateful to work with our dedicated team who all help achieve this. I know we all appreciate the volunteer staff for their role in enabling patients and whanau to receive the support they need in these difficult times.

As well as my two mornings a week with Hospice, I work for Hauora Tairāwhiti as GP liaison. Outside of work, I keep busy with my two primary school aged children and enjoy time at the beach and squeezing in a run whenever I can. We're looking forward to summer returning and heading camping up the coast :) 🍷



Anna Meuli



Thank You

Thank you to the following groups and individuals who have assisted Hospice Tairāwhiti recently with grants, donations and bequests of over \$500

- Estate of Anne Griffin
- Estate of Mary McNaughton
- Estate of Margaret Scratchley
- Bronwyn Kay Agency
- Kayla Troone
- Poverty Bay Wairoa Federation of Women's institute
- Kim & Kate Mossman
- Mr & Mrs Mohlmann
- CM Laing Trust

- Mrs N McKee
- Mrs Sue Scott
- Pat & Ellen Naden
- Prof Jack Richards
- A & F Hutchinson
- John McLaughlin
- E Murray
- Peter Richardson

Starts & Departs

Starts: Michela Carrington – Fundraising & Marketing Co-ordinator

Departs: Kelly Simpson – Funding & PR Co-ordinator



BK take pride

Bronwyn Kay Agency are running a campaign and donating \$500 upon sale for anyone who lists with them and mentions Hospice Tairawhiti at the time of listing.

This is another great way you can support Hospice Tairawhiti while getting behind Gisborne's largest independent real estate agency. Bronwyn Kay Agency have been long time supporters of Hospice Tairawhiti. In the world of real estate, they are known for achieving top notch results and take pride in ensuring your property experience is a positive one. Thank you for your ongoing support BK Agency. 🙌



Building Fund Update

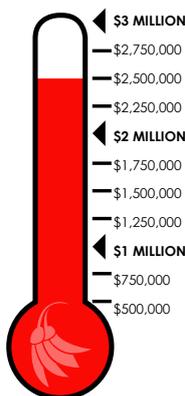
We are well on our way to meeting our Building Fund goal thanks to the support of our community.

The new Hospice building is estimated to cost \$3.1 million dollars and we are nearly there with \$2.5 million raised. We have had recent contributions from the Eastland Community Trust of \$1 million and the New Zealand Community Trust of \$300,000. The past 3 years of fundraising adds another \$1.2 million to our fund. We only have \$600,000 to go Tairawhiti and we need your help to do it! You can get behind us by donating or holding a fundraising event. All going well building will begin in January 2020. 🙌

Future home of
hospice
Tairawhiti

Help us build a space to meet the growing needs of our community.

for more information or donate go to...
www.hospicetairawhiti.org.nz



Cupcake fundraiser



Kayla Troon donating to the Hospice Building Fund

Kayla Troon presented us with \$673 in May to go towards our building fund.

She had been baking and selling cakes and cupcakes since August 2018 at Gisborne Boys High School and chose to donate all the money raised to Hospice. Thank you Kayla for your kind donation and initiative in supporting our building project. I'm sure the boys at GBH were grateful too for the delicious treats! 🙌

Women's Institute

In June the Women's Institute held a fundraising lunch and edible auction to raise funds for the Building Fund.

It was a fun-filled afternoon with many of us bidding for home baked goodies. They raised a massive \$1000 which takes us closer to our goal. Thank you so much Women's Institute. 🙌



Women's Institute delivering the cheque to Hospice, photo credit to Liam Clayton/The Gisborne Herald

Need new tyres?

Tyre Power Gisborne are donating \$5 from every Cooper Tyre sold to Hospice Tairawhiti.

This is another great way you can support Hospice Tairawhiti and a fantastic example of how local businesses are getting behind us. Thank you to Adrienne and the team at Tyre Power Gisborne. 🙌



Tyre Power Gisborne promotion

Upcoming Events

Community Call to Action!!!

*Start a Campaign for Hospice,
 Help us build our new building*



Swim the Bay **CLIMB MT HIKURANGI** **Cycle to Te Aroaro**

Organise an Event **Hold a Lunch/ Dinner** **Have a Concert**

Grow a Moustache **DYE YOUR HAIR** **Shave your Head**

Teach Yoga **MAKE SOMETHING TO RAFFLE** **Jump into Cold Water**

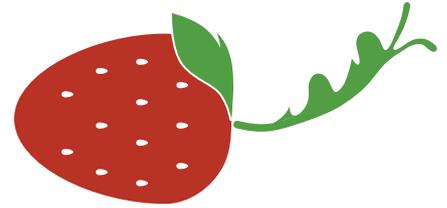
Hold a Bake Sale **Organise a Muffin Day** **Have a Sweet Jar**

Host a Quiz Night **Organise a Sports Event** **Rear a Cow**

Do something you enjoy and turn it into a fundraising initiative

*Celebrate your Birthday
 and Ask for Donations to Hospice Instead of Presents*

**If you own a business
 donate a percentage of a nominated item sold to Hospice**



HOSPICE STRAWBERRY FESTIVAL

Saturday
23 November 2019

**10am – 2pm at
 Lawson Field Theatre**

Buy a delicious Strawberry and
 Ice cream sundae and
 support Hospice, \$5 per serve.

Kindly sponsored by

PAKŌSAVE



Friends of Hospice

**It's the start of a new financial
 year and time to remind all our
 Friends to make their annual
 donation.**



Not a Friend of Hospice yet? Please consider joining.
 As a friend of Hospice you will receive:

- Our quarterly newsletter
- Advance notification of Hospice special events
- The knowledge that your donation will help Hospice make a difference

As an organisation relying on community support for 30% of our income, it is difficult to budget not knowing from year to year how much we will receive. Friends donations give us some certainty in funding and enable us to commit to providing services to patients and families.

You can donate annually, or you can set up a monthly bank account transaction and give regularly. Visit our website www.hospicetairāwhiti.org.nz/get-involved/ for more information.

Please consider diving a little deeper this year, as not only do we have our regular services to cover, but we need to raise a little bit extra to reach our building goal and start building our new Hospice building at the beginning of 2020. 🍓

TREE OF Remembrance



**Visit your local Farmers Store to remember
 someone special this Christmas.**

