



Hospice NZ Grants Programme Fund New Bed

Hospice Tairāwhiti are extremely grateful to be one of ten hospices who benefitted from the Harcourts Foundation funded, Hospice NZ Grants Programme this year, receiving a grant of \$2,895 to purchase an electric bed for use in the community.



Hospice Nurse Laura Robertson tries out the new bed, watched over by Admin Assistant Lizzy Ngatai-Hawtin, and nurses Jude Francis, Claire Davies, and Linda Hauraki.

The Harcourts Foundation and Hospice NZ established this unique programme in July 2017 and to date more than \$114,000 has been donated to hospices across the country. The goal of the programme is to provide member hospices with an opportunity to apply for grants to fund key capital items that have a direct benefit to people using hospice services.

Harcourts CEO, Chris Kennedy says it is an honour to work with New Zealand hospices. "Hospices aim to help people make the most of their lives, to live every moment in whatever way is important to them. I have huge admiration for the work they do and for the difference they make in communities across the country".

Electric beds can make a huge difference in providing care for someone in their own home. "They are often the one piece of equipment that makes it possible for a person to be cared for, and die, in their own home, rather than having to go to hospital or aged care" says Hospice Tairāwhiti general manager Barbara Grout. The beds break apart for transporting and assembling, making it possible to get them into even the smallest homes. Once installed they are able to be adjusted to make caring and mobilising safer and easier, and increase patient comfort. 🙌

HOSPICE NZ GRANTS PROGRAMME

PROUDLY SUPPORTED BY



Harcourts
Foundation



Looking for something special for Christmas?

National Partners BNI have come together and created this wonderful calendar, Helping Hands.



This calendar is a great representation of our district from a different perspective. All the pictures in this calendar are taken from above with a drone. This is the perfect Christmas present for only \$10.

Every single dollar raised from the sale of this calendar goes to the Hospice Tairāwhiti Building Fund.

A huge thank you to all involved with this project. 🙌

Calendars can be purchased from The Hospice Shop, Peel Street



Gill and Barry Atkins

Volunteer Profile: Barry and Gill Atkins

Married for 42 years and former Chaplain Assistants for Nelson, Timaru, Wairau and Hull General (UK) hospitals, Barry and Gill Atkins had heard many great things about the North Island's East Coast, so in March this year Gisborne became their home.

Looking to help in the community Barry and Gill met with Hospice Volunteer Coordinator, Jane Kibble who welcomed them both with open arms and hospice have been enjoying their enthusiasm and bubbly personalities ever since.

Both Barry and Gill volunteer a lot of their time and help in many ways. On a Wednesday afternoon Gill helps on the desk taking phone calls and doing other general duties that come her way. Every week it is different. Both help

with patient support and are also part of the growing group of songsters. Gill with her trained voice and Barry adding a bit of bass to the group.

Hospice do a few events during the year and are always looking for helpers, hospice can always count on both. Just recently was the strawberry festival in which both Barry and Gill helped. "It was so much fun, every sundae was different some wanted less strawberries and more ice cream, some with strawberry topping and some without" said Gill.

They love living in Gisborne. "The weather is good and we like the lifestyle. The services that hospice provides to the community is great and we are happy to be a part of it". 🍓

Staff Profile: Lizzy Ngatai-Hawtin: Administration

**Ko Whetumatarau te Maunga
Ko Awatere te Awa
Ko Hinerupe te Marae
Ko Te Whānau a Tuwhakairiora te Hapu
Ko Ngati Porou te Iwi
Ko Horouta te Waka**

He uri tēnei nō Ngati Porou, nō Te Whānau ā Apanui hoki. Nō ngā papa tipu o Punaruku me Tokata. I tipu ake awau ki Te Araroa, a, hūnuku ana ki Ahuriri mo te Kura Tuarua ki Hukarere Girls' College.

My first encounter with hospice was in 2001 when my dear Aunty was under the service. Since then two more of my Aunties have been through the hospice service and the support and care received each time was

immeasurable to our whānau. My whānau and I have always said "you must have to be a certain type of person to work for hospice".

When the job came up it was a no brainer, in fact I jumped at the opportunity. My role is a part time job share from 1pm – 5pm each day which balances perfectly with my lifestyle. As well as my general administration duties I also offer help with Te Reo Māori, Tikanga and Karakia which is where my passion lies.

The enjoyment in my role stems from the variety it offers, no two days are the same, I am lucky enough to be a part of the Māori Advisory Group and attend regular trust meetings as minute secretary. I thoroughly enjoy being a part of a team full of empathy, compassion and drive – the "certain type of person" I was talking about. 🍓



Lizzy Ngatai-Hawtin



Thank You

Thank you to the following groups and individuals who have assisted Hospice Tairāwhiti recently with grants, donations and bequests of over \$500

- Bronwyn Kay Agency
- C and J Williams Partnership
- Three Rivers Medical
- Ann Judd
- Estate of Stephen Graham Dobson

Starts & Departs

Starts: **Claire Davies**
Palliative Nurse Liaison
(ARC and Rural)
Julie Abrahams
Community Hospice Nurse

Departs: **Kathleen Labrado**
Community Hospice Nurse



Dave and Tanya from Zest café

For the love of food

Coming from a catering managers background in the UK twenty years ago, it is very fitting that after 17 years in New Zealand the last four of them have been running his own successful café.

Dave owner of Zest Café in Peel Street is all about helping his community. "It is always nice to give back" said Dave, "I like to support a couple

of charities and Hospice is one of them".

Hospice is grateful for the support through the shop, fundraising events and catering for small functions.



With a staff of 15, Zest is a busy little café, serving fresh homemade wholesome food from the cabinet or ordering from the all-day breakfast menu or lunch menu. Zest is open 7 days a week, pop down and see Dave and his team, the coffee is worth a visit. ☺

Team Hospice Taking Part

The Quarter Marathon is a partnership event between Sport Gisborne, The Gisborne Herald and The Hits Radio Station. Every year the proceeds from this event go to a local charity. This year Hospice Tairāwhiti was the charity of choice.

People of all ages and abilities take part in the event, running clubs, mums and dads pushing prams and even our very own hospice team this year. Participants have the choice to run, walk, jog or even skip for either 5.6km or 10km.

With a bit of precipitation in the air, 20 hospice volunteers gathered at Marina Park to collect their high viz vests, drink and muffin before taking off to their designated area to direct the runners. After a couple of hours, the final participant crossed the finish line.

The atmosphere down at Marina Park was buzzing, people lying around in the sun watching people cross the finish line and waiting for their numbers to be called out as a spot prize winner.

Thank you to the volunteers for marshall on the day, to the hospice staff that took part in the event and to the event organisers for the \$1,000 cheque we received. ☺



Hospice staff and friends taking part in the Quarter Marathon, modelling our team shirts

Hospice Tairāwhiti

Community – sponsored by Spark Gisborne

Hospice Tairāwhiti's community dedication runs right through the team – from the many volunteers through to nurses, doctors and management. The organisation had thorough systems and processes in place and they are well maintained. Judges felt there is a real skill set of leadership at Hospice Tairāwhiti managing a diversity of qualified and experienced people across all facets of the organisation. Staff are well utilised for knowledge generation and the application of technology to underpin future growth.



**Westpac Gisborne
Business Excellence Awards**



Sun, Sand and Strawberries

With a new venue in 2018, fingers and toes were crossed for great weather, and what a brilliant day it was, we couldn't have asked for anything better.

Waikanae Reserve was certainly the place to be on Sunday 18th November. The sun was shining, and the place was buzzing with people out enjoying the day and supporting Hospice.

For \$5 you could buy a strawberry sundae, packed with delicious strawberries, ice cream and strawberry sauce. The Wainui Lions Club were there selling sausages and Gisborne Community Childcare, Mangapapa School and Wainui School provided the entertainment. Festival organizer Kelly Simpson was really pleased with



the turn out, "It is always a bit risky when you change the day and venue, but it worked well for us this year

" said Kelly.

A huge thanks to our sponsors, all the volunteers who helped on the day, and the community for coming down and supporting us. If you missed it this year make sure you are there in 2019, it is the place to be in November.

The Hospice Strawberry Festival was sponsored by Pak N Save, More FM, Craigs Investment Partners, BDO Gisborne, Gisborne Herald, Bay Trade Supplies, The Sound Crew, Business Applications, Blue Print Imaging, Forbes Appliances and Coastline Distributors. 🍓



Happy 5th Birthday Hospice Shop

In December 2018 we celebrate our very own Hospice Shop being open for five years. It is amazing to see the growth in the shop since it has opened - now twice the size and busier than ever.

Brenda Kinder shop manager said she is blown away by the support from customers, donors, and the volunteers who give so much of their time to Hospice.

"We couldn't have done this without you all and we can't thank you enough" All money raised through the shop helps hospice services in Tairāwhiti remain free of charge.

If you are interested in becoming a volunteer at Hospice Tairāwhiti, contact Jane our volunteer coordinator. 🍌



Coping with holidays

Holidays and celebration days, like Christmas, can be very difficult to face if you're going through times of big change, dealing with a life limiting illness, loss and grief.

Nic Carroll, Counsellor at Hospice Tairāwhiti, suggests that you don't have too many expectations on yourself or those around you. Do what feels right for you, this might be something completely different to your usual traditions, you might want to leave town or take off to the beach for the day. There are no rules. Many people I have met through Hospice have told me that it is the period leading up to a significant day that can be worse than the actual day.

Ask for the support you need and be gentle on yourself.

Waiho i te toipoto,

Kaua i te toiroa

Let us keep close together, not far apart. Wishing you and your families a time of rest, love and recuperation.



WISHES YOU A
MERRY

Christmas

